



MASSEY-VANIER HIGH SCHOOL

July 2017 M-V Newsletter

Visit your school website at <http://masseyvanier.etsb.qc.ca>

PRINCIPAL'S MESSAGE

Dear Parents and Guardians,

The season of celebrations and ceremonies has come to an end, the sun is shining and the students are on vacation. It was my pleasure to have seen parents at the many events that recognize and honor our students for their accomplishments in academics, athletics, music and the arts. The end of year is always such a joyous time of year, as well as a time for me to reflect.

It was my good fortune to spend my days with your children and to be part of this important time in their growth and development as students and as young adults. I want to take a moment to tell you all that Massey-Vanier has wonderful students, which in turn, means that you all have wonderful children and this makes the school a great place to be!!

I also want to recognize the expertise, experience, and dedication of our Massey-Vanier High School faculty and staff. The successes of your children have been nurtured and supported by their teachers and all of the caring adults they encounter every day at our school. I am grateful for their commitment and for the time and effort they devote to this important work.

Thank you for entrusting your children to us. I am confident that you are proud of what your children have accomplished this year, as I know that we are.

I look forward to seeing you at Orientation in the fall and then again at the Meet the Teacher night on September 21, 2017.

Enjoy the summer!!

Sincerely,

A handwritten signature in blue ink that reads 'Julie Edwards'. The signature is written in a cursive style with a blue dot above the 'i' in 'Julie'.

Julie Edwards
Principal, Massey-Vanier



**48th ANNUAL
MASSEY-VANIER ATHLETIC AWARDS
Friday, May 26, 2017**

Major Awards Winners

Norman Burnham, Memorial Trophy (Sportsmanship, Teammate)	Male:	Noah Grimond
	Female:	Krystèle Fontaine
Paul Jordan Memorial Award (Contribution to Athletics)	Male:	Nolan Russell
	Female:	Maria Daigneault
Jake Vaughan Award (Excellence in Athletics/Academics)	Male:	Patrick Janulewicz
	Female:	Angel Hebert
Robert Kay Junior Athlete of the Year	Male:	Charles Blanchard
	Female:	Alyssa Sherrer
Athlete of the Year	Male:	Lambert Kikundule
	Female:	Elizabeth Donovan

Special Awards Winners

Barry Gage Memorial Trophy (Outstanding Hockey Teammate– Sportsmanship)		Matthew Viau
Steve Malue Memorial Plaque (Intramural Athlete of the Year)	Cycle 1:	Jacob Quilliams Chloé Francoeur
	Cycle 2:	Tyler Bates Maria Daigneault



TEAM AWARDS 2017

Bantam Girls Soccer	MVP: Leadership: Unsung Hero:	Coraly Michaud Victoria Gauvreau Caitlin Needham
Bantam Boys Soccer	MVP Defense: Team MVP: Team MVP:	Caleb Patch Izach Quilliams Hevin Lavoie
Junior Girls Soccer	MVP Defence: MVP Offence: Team MVP:	Hunter Westover Halley Russell Alyssa Sherrer
Junior Boys Soccer	MVP:	Branden Messier
Senior Girls Soccer	MVP Defense: MVP Midfield: Team MVP:	Mackenzie Jacobs Elizabeth Donovan Kylie-Jessica Westover
Senior Boys Soccer	MVP Offense: MVP Defense: Leadership:	Brandon Herrera-Lavigne Felix Schwartz Jeremy Dohmen
Cross-Country Running	Dedication: MVP: MVP:	Abie Whitehead Anne Warner Dylan Heath-Mahood
Bantam Girls Basketball	MVP: MIP: Dedication:	Alexandra Forster Kaylah Patch Lindsay Benoit
Bantam Boys Basketball	MVP: MIP: Dedication:	Tyson Benoit Caleb Patch Braeden Dziambor Kirby
Junior Girls Basketball	MVP: MVP Defence: MVP Offence:	Alyssa Sherrer Mackenzy Goyette Julia Champigny-Rolfe
Senior Girls Basketball	MVP: Pride: Guts:	Elizabeth Donovan Andrea Diabo Angel Hebert
Senior Boys Basketball	MVP: Team Player: MIP:	Lambert Kikundule Brandon Herrera-Lavigne Jacob Quilliams

Swimming	MVP Bantam: MVP Junior: MVP Senior: Commitment:	Jaimee Garrick Erika Mayo-Larose Kylie-Jessica Westover Spencer Beaulne
Curling	MVP: MIP: Leadership:	Piper Laumailier Brent-Enrique Montuenga Olivia Blinn-Giroux
Senior Hockey	MVP: Randy Judge Award (Best Defenceman): Barry Gage Award (Dedication, Team Player):	Christopher Royer Dylan Duchesneau Matthew Viau
Junior Girls Rugby	MVP Forward: MVP Back: Team Player:	Mackenzie Jacobs Sevyn Gibbs Cassandra Pegg
Junior Boys Rugby	MVP:	Peter Persons
Senior Girls Rugby	MVP Forward: MVP Back: Team Player:	Elizabeth Donovan Maria Daigneault Darrell Desormeaux
Senior Boys Rugby	MVP:	Jeremy Dohmen
Badminton	MVP: MVP:	Dylan Desormeaux Christina Ciurlej
Wrestling	MVP: MIP: Guts:	Charles Blanchard Nicholas Bates Jordan Messier
Tennis	MVP: MVP:	Hunter Westover Nevan McWilliams

Congratulations!

PRINCIPAL'S LIST TERM 3: 90%+



Desrosiers, Joshua
Laumailier, Piper
Osborne-O'Donnell, Elizabeth
Pegg, Cassandra
Quilliams, Jacob
Refour-Tannenbaum, Hannah
Rocheleau, Victoria
Warner, Anne

HONOUR ROLL TERM 3: 80%+

Arias-Lamoureux, Anthony	Gauvreau, Victoria	Osborne-O'Donnell, Thomas
Bailey, Lexus	Gendreau, Ember	Paradis, Marianne
Beaulac, Vivianne	Grant, Melissa	Patch, Kaylah
Benoit, Lindsay	Hachey, Melissa	Persons, Peter
Bernier, Myriam	Hamilton, Jacob	Quilliams, Izach
Bernier-Sutton, Coralie	Healey, Cole	Rocheleau, Veronica
Bienvenue, Reagan	Hebert, Angel	Rowe, Maya
Blanchard, Charles	Jacques, Arthur	Royea, Katrina
Blinn-Giroux, Olivia	Janulewicz, Patrick	Santarossa, Naomi
Bouchard, Emma	Jodoin, Mélissa	Sherrer, Dustin
Braun, Melina Claudia	Jung, Soloman	Tétreault, Olivia
Bresee, Vanessa	Lawlor, Katelynn	Vachon, Lauryann
Caron, Isabelle	Le Sage, Amélie	Vermeulen, Sandrine
Champigny-Rolfe, Julia	Lenarduzzi, Jordan	Vincent, Isabelle
Chapman, Mackenzie	Ludwig, Sina	Waldron, Bradley
Charbonneau, Coralie	Mathieu, Dominik	Wang, Rex Zidi
Daigle, Hailly-Angelika	Mc Kelvey, Kimberley	Whitcher, Abbigail
Dudley, Juliana	Mercure, Frederik	Wiebe, Ellyn
Fausse, Dannick	Michaud, Sara-Maud	Young-Suniga, Elicieo
Fontaine, Krystèle	Mistriukova, Irina	Zecius, Devon
Forster, Alexandra	Morency, Joshua	Zelis, Sofia
Foster, Makayla	Nickner, Élodie	
Gagné-Elliott, Sebastian	Noël, Lily	

WORK ORIENTED TRAINING PATH

The W.O.T.P. students have enjoyed a successful year. Many of our students have been offered employment as a result of their stage experiences!

Pictured here is Youssef Bahij-Hannah who dedicated himself to learn all he could at Tim Horton's in Cowansville. He will be working there full time this summer. Youssef may take your order on your next visit!



MASSEY-VANIER STUDENTS GAINING WORK SKILLS

Brome Fair, Plein Air Sutton and Robinson Stables have appreciated the help offered by a group of Massey-Vanier students.

This dedicated group helped maintain trails, take down fencing, clean buildings, rake leaves, mow and trim grounds, pile wood, participate with horse show preparations and gained valuable work skills while having fun!

We are thankful for the opportunities presented to our students.





Learning Readiness Daily Physical Activity

This school year, all secondary one students took part in the LRDPA program. Many students showed dedication as they were given the opportunity to be active on a daily basis. Studies demonstrate the positive effects daily physical activity has on student performance and academic achievement. It improves memory, observation, problem-solving and decision-making, as well as significant improvements in attitudes, discipline, behaviours and creativity. Not to mention all the other physical benefits that coincides with being physically active. With the LRDPA program, we wish to provide our students with enriching, meaningful tools to help them become better and more successful learners.

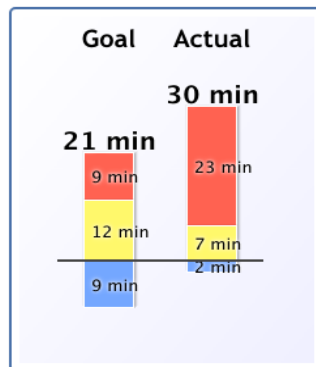
Calories burnt per group since January 2017:

Group 01: 7113 cal. Group 02: 5343 cal. Group 03: 14 367 cal. Group 04: 15 030 cal.

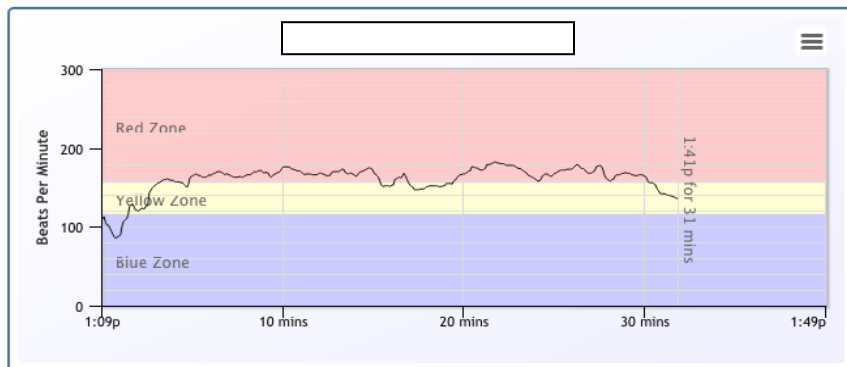
Sample heart rate data:

Pickup and Return: Tue, 02/21/2017 - 01:09pm to 01:41pm

Peak Heart Rate: 182 / Minimum Heart Rate: 85 / Calories Burned: 361 kcal



[More...](#)



McGill University continued study:

McGill University has been a part of the LRDPA program as well. The students, who had parental consent to participate in the study, went through a series of tests. The tests were the Conors self-assessment, the physical activity and leisure motivation scale (PALMS), the D2 test for concentration and finally the continuous performance test (CPT3) which also measures the participants' attention span. Results of these tests will be shared soon. All students who participated in the study received a 25\$ Itunes gift card!

dates to Remember

Orientation:	August 21 st & 22 nd
First day of School:	August 30 th
General Assembly/ Meet the Teachers:	September 21 st
Pig Roast in support of Athletics:	September 23 rd
Term 1 Parent's Night:	November 16 th
Term 2 Parent's Night:	February 15 th

Have a
Great
Summer!

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