



ØRENDI

Why Ørendi?

Last year, the first task of the committee was to find a name for the Massey-Vanier newspaper. We wanted a name that was original and meaningful. For us, it was important that this name catches students' attention and increases their desire to read more.

Our brainstorm began with our school logo, the Viking. We felt that simply naming the paper the Viking was not very original. We continued our search for a meaningful name with our dear friend Google! Google directed us to a Norse/ English dictionary, where our attention was drawn to the word Message.

Our mission is to pass on messages from students to students. therefore enioiv vour **Ørendi!**

Ørendi Committee



Here are the incredible people who made this newspaper sooo cool!!!

You would like to publish one of your creations (art, poem, essay, opinion piece...)? You would like to join the newspaper? Come see Tany or Maude for more

A Message From Your Favourite Prime Minister

Anders Koraen



As prime minister this year, it is my duty to make sure that everyone has a good year at Massey Vanier. The student council has already started planning events, and is taking any requests that are given by other students. Any idea is a good idea. Don't be shy to come up to me or my fellow council members to give your point of view on ways that the school could be better.

Now, to the more important stuff. I'm sure that everyone is superrr excited for Halloween... no? Well then you definitely should be. There's gonna be games all around the school, a spooky scary haunted house downstairs, a costume contest in the 4th floor plaza, and candy for anyone wearing a costume. If you don't wear a costume because you think you're too cool for school, then you'll be forced to wear a garbage bag all day. Just kidding I can't actually do that, but wear a costume!!

To finish my little note, I'd like to say that I love Massey Vanier and I will do everything I can to make it better!

Top 10 Movies to Binge Watch for Halloween

The Dancing Secretary



1. It
2. Beetlejuice
3. The Conjuring 1, 2
4. Ghostbusters
5. The Witches of Eastwick
6. Gremlins
7. Corpse Bride/ Nightmare Before Christmas
8. Halloween 1, 2, 3
9. Charlie Brown's Pumpkin Patch
10. Friday the 13th



Creepiest Short Stories for Halloween Night

All credit goes to the original owners (authors?)

Cassandra Pegg



1. I can't move, breathe, speak or hear and it's so dark all the time. If I knew it would be this lonely, I would have been cremated instead.
2. Don't be scared of the monsters, just look for them. Look to your left, to your right, behind your dresser, in your closet but never look up, she hates being seen.
3. I just saw my reflection blink.
4. I've always wondered why my cat often seemed fixated on my face. Until one day, I realized that she was always looking just behind me.
5. Growing up with pets, I got used to the sounds of scratching at my door while I slept. Now that I live alone, it is much more unsettling.
6. There's nothing like the laughter of a baby. Unless it's 1 a.m. and you're home alone.
7. I woke up to the sound of the baby monitor crackling with a voice singing to our child, I rolled over and my arm brushed against my wife's, sleeping next to me.
8. Sleep didn't come easily that night in the old cabin. The pictures on the walls showed only the deformed, the decrepit and the damned. Sleep would never come easy again when I woke up and realized that there were no portraits on the walls, only windows.

Creepiest Short Stories for Halloween Night (cont'd)



9. In this house, I've closed many more doors than I've opened.

10. We've been teaching my daughter how to count to 10. She woke me around 11 last night.

"Daddy," she whispered, tugging my shirtsleeve. "Guess how old I'm going to be next month."

"I don't know, beauty," I said as I slipped on my glasses, "How old?"

She smiled and held up four fingers.

It is 7:30 now. My wife and I have been up with her for almost 8 hours. She still refuses to tell us where she got them.

The Cooking Club

Tina Morse-Lagrandeur



The Cooking Club has been running for 3 years now. It is something that allows Massey-Vanier students to prepare and cook healthy meals on a specific day of the week chosen by the students in the club. This year Joanne Tanguay and Ms. Currie run the Cooking Club. Their hard work and dedication to the student body allow for a safe and communal environment for those who love to cook as well as for those who wish to learn. I personally have been a part of this club since the beginning. I would like to thank Joanne and Ms. Currie for their tireless dedication towards the program, it is greatly appreciated by the students. The doors are always open to new members and we also accept suggestions and recipes to try.

The Cooking Club also allows students to create healthy alternatives to snacks and meals. This club is more than just preparing meals though! We also learn academic skills, such as the math we use when measuring specific quantities and teamwork as we work together to complete the task at hand.

It is the students who decide what to prepare the next time we are all together. All the meals and snacks that we create are meant to be enjoyed by the whole club, therefore they take into account the dietary needs of the members, whether that is lactose free, vegan or anything else. Anyone who would like to see what this club is all about is welcome to join in the fun or simply to come by and ask a few questions. Stay tuned to the daily announcements to know when our next meeting is.

Halloween Jokes

Thomas
Osborne
O'Donnell



The Skeleton in the Closet !

I locked my skeleton friend in the closet the other day; now he has a bone to pick with me!

The Ghost Costume !

I dressed up as a ghost and tried to scare my friends; all of them saw right through my plan.

A Unique Costume !

My friend wanted to dress up as an Undead for Halloween but I told him to just Zom-be himself.

The Meteorologist !

How can skeletons predict the weather? They feel it in their bones.

Orange Guy !

What do you call someone who is born in a pumpkin patch? Jack O'Lantern.

The Dance studio

Tammy Burcombe

No lack of movement this year in the M.V. Dance Studio. Ms. Burcombe welcomes any and all students Monday to Friday with open doors at 8:40 and at noon. Students are always welcome to be choreographing and practicing or just hanging out and enjoying lunch and all the dance action. Leaders must see me in the morning to reserve the orange room for choreography. Noon hour groups were established in September and the schedule is as follows:

Monday: Every Monday it's *Music 'n Motion* with Victoria Gauvreau and Naomie Tardif. Following in Lydia's footsteps, these girls offer intermediate to high level moves for students from Secondary 1 to 5 and have welcomed all that wished to join. This year the girls opted for some salsa moves to a catchy tune under the name, Latino Vibes.

Tuesday: Tuesdays feature Amber Tebby with some top notch moves to All My People. Auditions were held and all members were accepted and now operate under the title, 'V-Elite'.

Wednesday: Free studio.

Thursday: On Thursday Jada Moffatt is 'on the scene' with Pepper Spray and some advanced hip-hop moves to challenge her 'M-Elite' group.

Friday: Friday is free studio. If groups are cancelled during the week they will be postponed until Friday.

Feel Free To Stop By and Visit Us☺



Intramurals at MVHS

P.E. and Health staff



Intramurals have begun at Massey-Vanier with indoor soccer. If you did not sign up to participate, you still have the opportunity to play volleyball, basketball, floor hockey and mushball. Prior to the end of the soccer (October 30) there will be sign ups on Mr. Kerr's door for volleyball, which begins in November.

Please keep in mind, the level 1,2 & 3's play together and the 4 & 5's play together. When sign ups are finished, we randomly make up teams and you play once or twice a week. All you have to do is check the schedules/teams posted throughout the school or listen to the announcements to know when you play. It is purely for fun, with no fees or try outs attached. It is a great opportunity to get some exercise and have fun with friends, still leaving you time to participate in other activities and clubs in the school. Games run from 12:10 until 12:40.

We would love to see the number of participants increase, and keep in mind, with full participation, the level 1,2 & 3 names are put in for a draw for door prizes (ie: Canadiens tickets, sporting goods, etc...). The level 4 & 5 participants, with full participation, are able to earn extra credits towards graduation. We hope to see all of you there, get fit and have fun!!



Halloween Playlist

Cassandra Pegg



The best thing about any holiday is the tunes, and even though Halloween is meant to be the creepiest of them all, there's no reason you can't enjoy the night with some ghoulishly good music.

1. Zombie - Jamie T

This is not a very scary sounding song but to be fair there is a nice instrumental part in the middle of it that kinda sounds like Dracula laughing in an old movie. Fair warning the video for this song is....weird. But hey you expect zombies? You'll get zombies. It's also got a peppy beat and a catchy chorus.

2. Monster Mash - Bobby Pickett

Ahhh a classic. This is an instantly recognizable iconic Halloween song. All the big stars of the monster scene make an appearance, Dracula, Frankenstein, Ghouls and Zombies, Wolf Man, Igor and who could forget the Coffin-Bangers with their vocal group, Crypt Kicker Five.

This one has definitely earned its reputation as a go-to Halloween tune.

3. The Emperor's New Clothes - Panic! At the Disco

This one was released during October 2016 and in my humble opinion should grow to be a classic spooky song. The music video is full of special effects and awesome Halloween makeup, not to mention the sound of bones cracking all the way through the song... It's got a pretty creepy feeling to it.

4. Zombie - The Cranberries

I know what you're thinking, "another zombie song? What is with this kid?" but trust me, this one is one of the most worthwhile zombie songs to listen to. It's got a much deeper meaning than it portrays but even as just a nice addition to a Halloween playlist, the vocals are super interesting and the song itself is a great challenge to try to sing along to.

5. Don't Fear the Reaper - Blue Oyster Cult

This song gives off some creepy vibes while being simultaneously very easy to listen to. The lyrics are simple but intriguing and the music is easily recognizable by the wicked guitar and oddly well fitting cowbell. Never thought cowbell could sound this cool.

6. Ghostbusters - Ray Parker Jr.

Another classic song, this one was released way back in 1984 and was written (in just two days) to be the soundtrack for the upcoming movie under the same name. It was a number 1 hit for good reason and to this day remains a widely known Halloween (or any time of the year) favourite.

Halloween Playlist (cont'd)

7. Thriller - Michael Jackson

The song that needs no introduction, what would we do without Michael Jackson's famous pop anthems? It's the perfect soundtrack to a Halloween dance party and of course created some iconic dance moves that are hard to forget. Not to mention the music video is basically a short-film in music form.

8. Werewolves of London - Warren Zevon

You might recognize the riff from a certain "All Summer Long" by Kid Rock but it is definitely a song that stands on it's own. It features very unique lyrics about, you guessed it, werewolves walking around London (eating chow mein and little old ladies). Not to mention the quirky but loveable chorus.

9. The Monster - Eminem ft. Rihanna (clean)

This 2013 hit is as catchy as it is dark. "I'm friends with the monster that's under my bed, get along with the voices inside of my head."

Its deeper meaning but memorable beat makes it a perfect addition to a Halloween track list, especially since it's so well known from its run on the charts.

10. Time Warp - The Rocky Horror Picture Show cast

This one is right up there with Monster Mash and Ghostbusters, it's such a peppy, fun song, it gets stuck in your head and you don't even mind. Not only is the song a phenomenal piece of work, the original clip is also very cool. A must-have song for this season.

11. Pet Cemetery - The Ramones

This is a fantastic song that was written in 1989 for the movie adaptation of "Pet Cemetery" by Stephen King. He was a big fan in fact and there are even a few references to the band in the original novel. It's a great rock song that is just creepy enough to fit right in alongside the rest of the songs on this list and definitely merits a listen.

Are You a Fan of Horror Fiction Books?

Come to the library to check out our selection!

By Mélanie Pollender, Library Technician

Horror fiction - List

- Skeleton Creek (series), by Patrick Carman
- Last apprentice (series), by Joseph Delaney
- Midnight Library (series), by Damian Graves
- Sookie Stackhouse (series), by Charlaine Harris
- Gatekeepers (series), by Anthony Horowitz
- It, by Stephen King*
- Game of Thrones (series), George R.R. Martin
- Miss Peregrine's (series), by Ransom Riggs
- Cirque du Freak (series)**, by Darren Shan
- Demonata, (series), by Darren Shan
- Zom-B (series), by Darren Shan
- Vampire diaries (series), by L.J. Smith
- Goosebumps (series), by R.L. Stine

*We have other titles by Stephen King.

**We have also this series in comic book.



Halloween Playlist (cont'd)

12. Witchdoctor - Cartoons

The least frightening song on this list but hey, on what other playlist could this song possibly go on? This might be a song you recognize from childhood but in my experience it has never lost its charm. While this is not the original version, it's probably the one that most people grew up with. I mean it talks about a witch (kinda)... that's scary right?

13. People are Strange - The Doors

For some reason this song has a kind of nostalgic feel for me, despite it being super creepy sounding. This song seems to get played all year round but it definitely sounds like it deserves to be played on and around Halloween. Spooky music and spooky lyrics, the perfect combination.

14. I Put a Spell on You - Screamin' Jay Hawkins

This song was originally written to be a powerful love ballad, funnily enough the entire band was drunk while recording it so it came out a bit more...creative sounding. Screamin' Jay embraced the odd nature of the song and by request performed it coming out of a coffin on stage. This snowballed into a complete performance in Halloween style costumes. The weird performance caught on and sparked the era of shock-rock performances. If you give this song a listen or check out a few of the performances you'll see why this version is much better than a love ballad.

15. Paranormal - Alice Cooper

With Alice Cooper it's difficult to choose just one song to include on a Halloween playlist since so much of his music is creep-tastic.

This song is a brand new release from July of this year and it was chosen because while the lyrics are spooky, the song itself is really good and easy to listen to. If you're looking for music to scare you silly, look up just about anything by this guy. You won't be disappointed, trust me.

Honourable mentions go to Ozzy Osbourne (Bark at the Moon), The Nightmare Before Christmas (This is Halloween) and quite a few assorted songs from Rob Zombie.

Hopefully the songs on this list bring you all kinds of frights and your Halloween night is one to remember.



Get Involved

On September 12th, we held the second edition of the GET INVOLVED activity (recruiting for school committees). Once again it was a success! Here's a list of the committees that are running at Massey this year:

- School newspaper
- Radio Station
- Social Action
- Intramurals & Athletics
- Cooking Club
- SAGA
- Painting Club
- School Bank
- RC Club
- Student Council
- Anime Club
- Subterranean
- Noon Hour Dance

GET INVOLVED!

Ørendi Challenge

Find all the mistakes in this first issue of the **Ørendi** and win a free hug from the entire Newspaper Committee.

DIY Halloween costumes

Mia Tetreault

Are you a big fan of Halloween? Do you have no idea what to dress up as? If you answered yes to both these questions, then I've got you covered. Here are some last minute Halloween costume ideas to help you out.

Costume 1: yourself

All you need is an outfit and hairstyle that represents you. Once you've got that, you're ready to go. This costume is effective for anyone with any type of personality.

Costume 2 : 'cereal' killer

This costume requires some work.

The materials you'll need are some scissors, duct tape, a cereal box (brand of your choice), a TOY knife, glue, and black clothes.

Step 1: grab a cereal box and cut a slit into it using the scissors.

Step 2: cover the blade of the TOY knife in glue and stab the knife's blade halfway through the slit.

Step 3: once the glue is dry, and you are changed into your black clothes, take the duct tape and tape the murdered cereal box onto your waist.



Cont'd next page

Ancient origins of Halloween

Melanie Pollender, Library Technician

I found this article in Google and I would like to share it with you! Enjoy!



Halloween's origins date back to the ancient Celtic festival of Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on November 1st.

This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believed that on the night before the New Year, the boundary between the worlds of the living and the dead became blurred. On the night of October 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth.

Cont'd next page

DIY Halloween costumes (cont'd)

Costume 3: a rock star

This costume is not as hard as #2 but not as basic as #1. You will need a ripped up pair of jeans, a shirt with some kind of design on it and a leather/jean jacket. For extra effect, mess up your hair and put on some intense makeup.



Costume 4: a baby

This is an awesome costume to wear all day long. There are 2 ways to wear this costume.

Choice 1: put on a one-piece pyjama, get a few ring-pops to put in your pocket, and pull them out to eat throughout the day.



Social Action

The Social Action Committee is holding a food drive from October 30th to November 30th.

Please bring any non-perishable food items to central office. Help us build a tower of food that reaches the ceiling in the plaza!

All donations will be divided among 6 local food banks.



Thanks

Ancient origins of Halloween (cont'd)

In addition to causing trouble and damaging crops, Celts thought that the presence of the otherworldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort and direction during the long, dark winter.

To commemorate the event, Druids built huge sacred bonfires, where the people gathered to burn crops and animals as sacrifices to the Celtic deities. During the celebration, the Celts wore costumes, typically consisting of animal heads and skins, and attempted to tell each other's fortunes.

When the celebration was over, they re-lit their hearth fires, which they had extinguished earlier that evening, from the sacred bonfire to help protect them during the coming winter.

Radio Station Schedule

Monday	AM: Cassandra & Anders	PM: Jade & Shane
Tuesday	AM: Owen & Gabe	PM: Dominik & Philip
Wednesday	AM: Dominik & Philip	PM: Owen & Gabe
Thursday	AM: Jasmine, Marianne & Liz	PM: Hunter, Spencer & Vicky
Friday	AM: Cassandra & Anders	PM: Dominik & Philip



Lest We Forget



November 11th is the day that we remember those who fought for their country and the sacrifices that were made for us. In her book, *A Terrible Beauty, The Art of Canada at War*, Heather Robertson reminds us why we must never forget.

"We must remember. If we do not, the sacrifice of those one hundred thousand Canadian lives will be meaningless. They died for us, for their homes and families and friends, for a collection of traditions they cherished and a future they believed in; they died for Canada. The meaning of their sacrifice rests with our collective national consciousness; our future is their monument."

Keep this in mind during the Remembrance Day Ceremony at Massey-Vanier on November 10th during period 2.

O Canada- Our National Anthem

O Canada!

Our Home and Native Land!

True patriot love in all thy songs command

With glowing hearts we see thee rise,

The true north strong and free!

From far and wide,

O Canada, we stand on guard for thee.

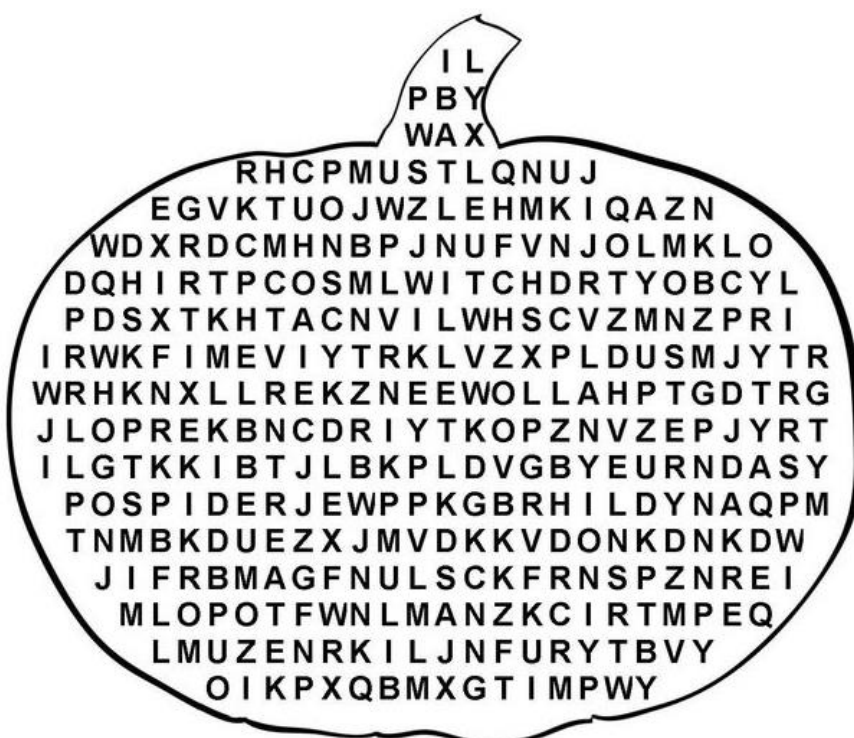
God keep our land, glorious and free!

O Canada, we stand on guard for thee.

O Canada, we stand on guard for thee!



Halloween Word Search



**BLACK
PUMPKIN
SPIDER
HALLOWEEN
MONSTER
TREAT
CAT
GHOST
BAT
SKELETON
TRICK
WITCH**