



## **Massey-Vanier High School – Viking P.R.I.D.E**

### **School Trips:**

- Secondary 1: Arbre en Arbre, dog sledding, La Ronde
- Secondary 2: Hiking Mt. Sutton, Quebec City

### **Physical set up for support:**

- Closed grade 7 and 8 hallways in a middle school type setting on our 3<sup>rd</sup> floor.
- 3<sup>rd</sup> floor is closed to Secondary 3, 4 and 5 students
- The lockers are all together near each of their classrooms allowing for better transition time and places to go during the lunch hour.
- Secondary 1 teachers supervise their own hallway and a Student Supervisor roams between Secondary 2 and 1 spaces.
- The Pit Stop, a support centre for all cycle 1 students, can be found in the middle of the 2 hallways. This centre provides breakfast and snacks for students, academic support during class time and a quieter place to go at lunch hour.
- Our wood shop is located in the Secondary 2 hallway and is open to all students every lunch hour.

### **Complimentary Support:**

- Student Services Centre with a school psychologist, spiritual life/community animator, a CLSC social worker, a guidance counsellor and a substance abuse counsellor.
- The Oasis – A centre where students with behavioural difficulties can learn coping strategies and organizational skills and get help to complete their work.
- Home Base – A support centre for students with autism where students receive specialized services according to their individual needs.
- The Pit Stop – A centre for Secondary 1 and 2 students who may need an extra-quiet workspace and / or help of a technician to complete work

### **Academic support: In both English and French Immersion streams**

- Cycle 1 subject specialist teachers work with Secondary 3, 4 and 5 teachers in their departments to make sure that what is taught at each level is mapped out with the goal of obtaining a high school diploma, or certification.
- By department, the essential learnings for each level are decided upon and level specialists work together to ensure that all students learn these.
- If there are students who fall behind in a subject, the teacher will use one of our daily LIFT periods to work with them on a more individualized level. **LIFT = (L**earning **I**n **F**ocused **T**ime periods are daily 30 minute periods where teachers can pull in students to reteach, retest, and even enrich students in any of the 8 subject areas.)
- Many teachers schedule time in the morning, or during the lunch hour for students to see them in their classrooms and ask questions.
- MV offers a high quality Fine Arts program giving the students the choice of Music, Dance, Drama or Visual Art. All of the rooms for these are open to students during the lunch hour for extra practise time. Major performances by students occur twice a year: Winter Extravaganza in December and Kaleidoscope in May.
- For Physical Education the specialists make use of the many facilities MV has access to: the arena, the pool, the tennis courts, the outdoor volleyball court, the race track and lined fields, as well as 3 gyms. This allows for a very diverse PE program where students can get a taste for various different healthy activities (Swimming, broomball, snowshoeing, tennis and wrestling to name a few)
- Massey-Vanier has two fully equipped laboratories and the two Lab Technicians work closely with the Science teachers to give the students a hands on experience when learning the essentials for Cycle 1.

### **Extra Curricular:**

- Inter-scholastic fall sports: Soccer, cross country running
- Inter-scholastic winter sports: Basketball, curling, wrestling, swimming
- Inter-scholastic spring sports: Badminton, tennis, rugby, track and field and golf
- RC club
- Raspberry Pie club
- Board games club
- Student Council
- Social Action Committee
- Science E+ program
- Painting Club
- Open gyms every morning and lunchtime and organized intramural sports
- Terry Fox Committee
- Photography club

